



**THE
RECOVERY
HOUSE**

ASK THE EXPERT

Dr. Rubeena Kidwai

Ph. D (USA)

Consultant Clinical Psychologist

Hubert H. Humphrey Fellow

**“Taking Care of yourself so that you may take
care of your loved one.”**

Topic

Sunday April 9, 2017, 3:30 pm to 5: 00 pm

at

“The Recovery House”

156 Bangalore Town, Tipu Sultan Road Karachi, Pakistan

The Recovery House is a Not-for-Profit Organization, committed to promoting recovery from mental illness through a collaborative, client-centered behavioral program. Our clients manage their illness so that they can be successful & satisfied in the living, working and learning environments of their choice.

RSVP: (Till March 31, 2017. LIMITED SEATING - PLEASE REGISTER): Landline: 021-34546364-6, Cell: 0302-8260371, Email: info@caravanoflifetrust.org Please also visit: Facebook page: “The Recovery House”

Website: www.caravanoflifetrust.org